



Emergency Allotments Will Continue for SNAP Households in July

RICHMOND, VA (July 5, 2022) – [Virginia’s Supplemental Nutrition Assistance Program](#) (SNAP) will again release emergency allotments of benefits to eligible households this month. Benefits will be automatically loaded to recipients’ Electronic Benefits Transfer cards on **Saturday, July 16**.

The emergency allotments raise existing SNAP households’ monthly benefit amount to the maximum allowable based on household size as follows:

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAMS TEMPORARY MAXIMUM [MONTHLY ALLOTMENTS OCTOBER 1, 2021 TO SEPTEMBER 30, 2022](#)

Maximum SNAP Allotments for 48 States and D.C.

| Household Size | 48 States and DC |
|------------------------|-------------------------|
| 1 | \$250 |
| 2 | \$459 |
| 3 | \$658 |
| 4 | \$835 |
| 5 | \$992 |
| 6 | \$1,190 |
| 7 | \$1,316 |
| 8 | \$1,504 |
| Each additional person | \$188 |

The enhanced SNAP benefit is made available through a public health emergency declaration that requires government agencies to request an extension of emergency allotment issuances on a month-to-month basis. Accordingly, the status of future emergency allotment benefits will be determined by this monthly approval process.

SNAP participants with questions related to their benefits are encouraged to contact their [local department of social services](#) or visit CommonHelp at commonhelp.virginia.gov to access account information. For additional information regarding SNAP, how to apply, and other assistance programs, visit dss.virginia.gov/benefit/.

For streamlined access to other critical and actionable resources from [2-1-1 Virginia](#), CommonHelp, and other state and federal agencies, visit COVID.Virginia.gov/app to download the COVID-19 Virginia Resources mobile app.

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About the Virginia Department of Social Services

The Virginia Department of Social Services (VDSS), one of the Commonwealth's largest government agencies, is comprised of approximately 2,000 state staff who proudly serve alongside more than 10,000 employees of 120 local departments of social services and community action agencies to deliver critical social services to Virginia's most vulnerable citizens. VDSS is committed to ensuring Virginians have access to the high-quality human services and resources needed to enhance their individual and collective well-being, and shape strong futures for themselves, their families and communities. The agency provides a wide range of services and resources in the areas of food and energy assistance, foster care and adoption, child support, and abuse and neglect prevention, among others. For more information, visit dss.virginia.gov.