

# LOOK

*Before  
You*



# LOCK

**Did you know** a child left in the back seat of a hot car can die from heatstroke in a matter of minutes? Even with the window cracked, temperatures can soar. Children younger than 4 are especially at risk.

Parents and other child care providers may face a greater risk of forgetting an infant or young child while dealing with stress, rushing to work or when a normal routine has been interrupted.

The U.S. Department of Health and Human Services has launched a campaign called, “Look Before You Lock” to help adults remember their youngest passengers.

*Make it a habit of checking your rear seats by taking these actions:*

- ➔ Leave your cell phone, employee ID, wallet or something you need in the back seat.
- ➔ Place a toy or another item belonging to the child in the seat next to you. Doing so serves as a reminder that a youngster is behind you.
- ➔ Use drive-through services when possible. This eliminates the temptation to dash inside and leave the child for “just a few minutes.”
- ➔ Get involved if you see a child in a parked car alone. Call the police if he or she appears hot or sick.
- ➔ Check vehicles and car trunks immediately when a child is missing.
- ➔ Keep your vehicles locked, even in the garage or driveway.

Leaving a child in an unattended car can result in tragedy. One that is preventable. Please look before locking your car and walking away.



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1-800-552-7096 Virginia Child Abuse Hotline (language line available)  
800-Children (800-244-5373) Parent Helpline