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Subject: Mental Health and Aging Training Initiative
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Good Afternoon,

The 7th series of the Mental Health and Aging Training Initiative kicks off **November 28, 2018** with a live webinar on **Opioid Use in Older Adults: The Double-Edged Sword**, followed by **MicroLearning: Little Messages with a Big Impact** on **February 21, 2019** and closing with **Developing a Culturally Competent Workforce for a Culturally Diverse Population** set for **March 13, 2019**.

These presentations are intended for staff from many levels, disciplines, and settings (both facility and home-based), including staff involved in providing long term care (e.g., nursing facility and assisted living nursing staff and administrators), as well as behavioral health staff who work with older adults. Additionally, staff from Adult Protective Services, home health, adult day healthcare, respite care, area agencies on aging, Emergency Department staff of acute care hospitals, hospital discharge planners, and others serving older adults could benefit from the training. As always, students in any field of aging are encouraged to attend! This series is made possible through a grant from the Virginia Center on Aging's Geriatric Training Education Initiative and supported by the Riverside Center for Excellence in Aging and Lifelong Health and Virginia Geriatric Mental Health Partnership. Review past webinars and register online (free for all to attend) at worldeventsforum.net/mhati (certificates of attendance will be issued upon request).

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Mental Health and Aging Training Initiative Live Webinar Series VII

Review past webinars and register online
(free for all to attend) at

worldeventsforum.net/mhati

TARGET AUDIENCE:

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Opioid Use in Older Adults: The Double-Edged Sword Wednesday, November 28, 2018, 1:30-2:45pm

This webinar will review special considerations for the use of opioids for pain management in older adults as well as the challenge of opioid misuse in this population. Learners will be able to describe physiological changes in older adults as they impact choice of opioid therapy, select appropriate opioid therapy for older adults, and describe opioid misuse and management of opioid use disorder in older adults.

SPEAKERS: *Laura Morgan, PharmD, MEd*, Assoc. Professor and Vice Chair of Education, VCU School of Pharmacy and *Ericka L. Crouse, PharmD*, Associate Professor, Dept. of Pharmacotherapy and Outcomes Science, VCU School of Pharmacy

MicroLearning: Little Messages with a Big Impact Thursday, February 21, 2019, 1:30-2:45pm

Adopting a person-directed culture in health care means a commitment to ongoing learning. We need to challenge traditional learning so that education itself is person-directed. Through 5-8 minute videos that are memorable and practical, microlearning offers a new culture of education that meets people where THEY are in their busy lives of caring. Presenters will share how Virginia nursing homes have been breaking new ground using microlearning, its impact, and lessons learned. Participants will experience microlearning through a variety of relevant, interactive learning resources they can apply right away and will discover in the process, new pathways for person-directed education.

SPEAKERS: *Mary Martha Stewart, MA*, Director of Culture Change & ClearPath, Riverside Health System and *Christine J. Jensen, PhD*, Director of Health Services Research, Riverside Center for Excellence in Aging and Lifelong Health

Developing a Culturally Competent Workforce for a Culturally Diverse Population Wednesday, March 13, 2019, 1:30-2:45pm

This webinar will initiate the discussion of changing the organizational culture for providers and identify opportunities to provide culturally competent care and supports. The session will address many State and Federal regulations, including but not limited to, Title VI, the Centers for Medicaid and Medicare (CMS) provider requirements, U.S. Department of Justice: Civil Rights Division, the Americans with Disabilities Act and as applicable the Joint Commission Requirements.

SPEAKERS: *Susan A. Elmore, MBA*, Special Projects Coordinator, Virginia Dept of Behavioral Health and Dev. Services and *Karla Almindarez-Ramos, Mgr* of City of Richmond's Office of Multicultural Affairs

SERIES MODERATOR: *Jenny Inker, MS (Gerontology), MBA, LALFA, PhD*
Gerontologist, Instructor & Joint Program Director
Assisted Living Administration Specialty Area
Virginia Commonwealth University
College of Health Professions
Department of Gerontology