

Supplemental Nutrition Assistance Program (SNAP)

SNAP benefits help you buy nutritious food, seeds or plants for your household.



It's easy to apply! WWW.

Online: commonhelp.virginia.gov



Call: 1-833-552-5582

Visit: **your Local Department of Social Services**

- » SNAP can be used in grocery stores and online
- » Can also purchase fresh, nutritious food at farmers markets that accept EBT



SNAP benefits are issued electronically to eligible households on a card

similar to a debit card to use at authorized retailers to buy food.



This institution is an equal opportunity provider.

Am I eligible?

View the most current household income limits chart on our website.



Additional information about SNAP

is available at: www.dss.virginia.gov/snap



You may **not** use SNAP benefits to buy:

alcoholic beverages, tobacco, soap, paper products or other nonfood items or already prepared hot food at the store.



VIRGINIA DEPARTMENT OF SOCIAL SERVICES

