

Participant Physical Examination Adult Day Center

Standard: 22VAC40-61-260

Within the 30 days prior to admission, and annually thereafter, a participant shall have a physical examination. A TB assessment shall be obtained no earlier than 30 days prior to admission. (Annual TB testing is not required for participants.)

Name: _____ Date of exam: _____

Address: _____ Date of Birth: _____

City, State, ZIP: _____ Telephone: _____

Height: _____ Weight: _____ Blood pressure: _____

All diagnoses and significant medical problems:

Significant medical history:

General physical condition, including a systems review as is medically indicated:

| Known Allergies (food, medicine, other) | Description of reaction to allergen |
|--|-------------------------------------|
| | |
| | |
| | |
| | |

Recommendations for care including:

| Medications (Rx and OTC) | Dosage | Route | Frequency of administration |
|--------------------------|--------|-------|-----------------------------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Special Diet or Food Intolerances:

Therapy, treatments, or procedures participant is undergoing, or should receive, and by whom:

Restrictions or limitation on physical activities or program participation:

Is this person capable of administering their own medications without assistance? **YES** or **NO**

Is this person Ambulatory? * **YES** or **NO**

* Ambulatory means that participant is physically and mentally capable of self-preservation by evacuating in response to an emergency to a refuge area without the assistance of another person, or from the structure itself without the assistance of another person even if the participant may require the assistance of a wheelchair, walker, cane, prosthetic device or a single verbal command to evacuate.

If this is a pre-admission physical exam, please attach **TB** screening form.

Physician Signature: _____ Physician Printed Name: _____

Address: _____

Phone: _____ FAX: _____