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Sent: Wednesday, May 1, 2024 4:09 PM
To: DSS_LICENSING@LISTSERV.COV.VIRGINIA.GOV <DSS_LICENSING@LISTSERV.COV.VIRGINIA.GOV>
Subject: VDSS/VCU Summer Conference - Beyond Burnout

The attached file is being sent to assisted living facilities and adult day care centers from the Virginia Department of Social Services Email Distribution Service.

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COMMONWEALTH of VIRGINIA

DEPARTMENT OF SOCIAL SERVICES

DATE: May 1, 2024

TO: Assisted Living Facilities and Adult Day Care Centers

FROM: Tara Davis Ragland, Director, Division of Licensing Programs

RE: VDSS/VCU 2024 Summer Conference – Beyond Burnout

Please join the Virginia Department of Social Services – Division of Licensing Programs and Virginia Commonwealth University – Department of Gerontology, as we host *Beyond Burnout – Building Resilience in the Face of Moral Distress and Compassion Fatigue*. Our 2024 Summer Conference will be held virtually Wednesday, May 15, 2024, at 10:00 a.m. The conference will be presented by Courtney Petley and Caroline Williams.

Beyond Burnout – Building Resilience in the Face of Moral Distress and Compassion Fatigue will explore what compassion fatigue looks and feels like, how it relates to burnout and provide practical techniques for navigating compassion fatigue and fostering satisfaction. Participants will gain insight into recognizing signs of compassion fatigue, understand its relationship with moral distress, and foster resilience and satisfaction in their roles as caring professionals.

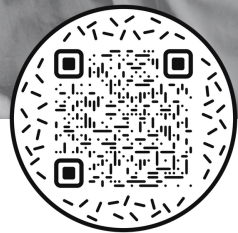
You may register for the conference by visiting this [link](#) or by scanning the QR code on the attached flyer.

Beyond Burnout

Building Resilience in the Face of Moral Distress and Compassion Fatigue

Healthcare professionals are experiencing increasing levels of dissatisfaction in their work. Compassion fatigue and repeated instances of moral distress exacerbate feelings of distance from physical and mental well being. This presentation addresses the detrimental effects of moral distress and offers strategies to recognize and repair moral discrepancies.

We will explore what compassion fatigue looks and feels like, how it relates to burnout and provide practical techniques for navigating compassion fatigue and fostering satisfaction. Participants will gain insight into recognizing signs of compassion fatigue, understand its relationship with moral distress, and foster resilience and satisfaction in their roles as caring professionals.



Courtney Petley LCSW, C-ASWCM

Speaker



Caroline Williams PT, DPT

Speaker

Free Registration <https://tinyurl.com/beyond-burnout>

May 15, 2024

10:00am - 12:00pm ET

Our trainings fulfill the continuing education requirements for Nursing Home and Administrator Licenses in Adult Day Care, Assisted Living locations, and Skilled Nursing Facilities.